

FAST Guide To Emergency Preparedness



Dangers of Weather

Disaster can strike at any time. Being prepared for any kind of emergency is the best way to protect yourself and your employees.

Follow the guide below for some tips on how to be prepared for any kind of weather that comes your way.



In 2015 weather caused **522 deaths** in the United States.



Since 2000 an average of **341 natural disasters** occur each year.

Be Prepared

Create An Emergency Action Plan

Have a written plan in place in case of an emergency. At minimum the plan should document the following:

- ✓ A means of reporting fires and other emergencies
- ✓ Evacuation procedures and emergency escape route assignments
- ✓ Procedures for employees who remain to operate critical plant operations before they evacuate
- ✓ A plan for accounting for all employees after an emergency evacuation
- ✓ Rescue and medical duties for employees performing them
- ✓ Names or job titles of persons who can be contacted

Stay Tuned

Many communities have text or e-mail alerting systems for emergency notifications. To find out what alerts are available in your area, search the Internet with your town, city, or county name and the word "alerts."



Build Emergency Supply Kits

Emergencies can happen in the blink of an eye, be sure you have emergency supply kits ready in case you and your employees are stranded inside your facility. Be sure you have enough supplies to last you and your employees up to three days. Here are some basic supplies to keep on hand in case of an emergency:



Water: One gallon of water per person per day for drinking and sanitation.



Food: At least a three-day supply of non-perishable food.



Radio: Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert.

Flashlight: Battery-powered. Do not use anything with an open flame for light.



Batteries: Be sure to supply all sizes for anything that may run out of power.

First Aid Kit: This should be stocked at all times and ready to use.



Dust Masks: To help against any contaminated air after an emergency.

Whistle: Use this to signal for help if needed.



Train & Test Your Employees

You should conduct testing and exercises to evaluate the effectiveness of your preparedness program, make sure employees know what to do and find any missing parts. Testing and training will help to:

- ✓ Clarify roles and responsibilities
- ✓ Reinforce knowledge of procedures, facilities, systems and equipment
- ✓ Improve individual performance as well as organizational coordination and communications
- ✓ Reveal weaknesses and resource gaps
- ✓ Comply with local laws, codes and regulations

Visit Your Local Fastenal Store

An emergency can happen in the blink of an eye, be sure you are ready to protect yourself and your employees no matter what emergency comes your way.

Each of our 2,600+ locations is a convenient, one-stop source for everything you'll need to minimize injury, navigate the aftermath, and get back up and running. It's local, it's simple, and it just may be the smartest purchase you'll make this year.



FASTENAL

Sources:

<https://www.ready.gov/business>

<https://www.osha.gov/SLTC/etools/evacuation/eap.html>

<http://www.nws.noaa.gov/om/hazstats.shtml>